

# HOLISTIC MAGICK

1

Earth/North

gnomes  
winter/midnight  
growth/decay  
foundation/roots  
patterns  
ancestors  
slow

What replenishes  
& sustains you?

7

Spirit

the Self  
spiritual wisdom  
inner guidance  
advice  
illumination  
message from  
guide/angel/Self  
What is being  
lit up or realized?

3

Fire/South

salamanders  
summer/midday  
passion/drama  
transformation  
life force/spirit  
energy  
action/will

What inspires  
& excites you?

4

Water/West

undines  
autumn/twilight  
ebb/flow  
emotional response  
creative flow  
psychic/deep  
passive/receptive

What spills forth  
from the depths  
of your heart?

5

Body

physicality  
place/surrounding  
situation  
how you feel  
material needs  
message from  
the body

What's going on  
physically or in  
the environment?

6

Mind

beliefs  
attitude  
psychological  
balance/imbalance  
internal reflection  
message from  
the mind

What is your current  
mental state?

2

Air/East

sylphs  
spring/dawn  
beginnings  
creative thinking  
communication  
thoughts/ideas  
quick

What new ideas  
are blowing in?